

# ENZYMEDICA DIGEST GOLD

helps body absorb  
LIFE-ENHANCING\*  
**NUTRIENTS**  
promotes proper  
**DIGESTION\***



## THE BASICS:

Enzyme deficiencies may result from a combination of age, diet and lifestyle. These deficiencies can lead to a variety of digestive discomforts, including occasional gas, bloating, indigestion and irregularity.

Digest Gold™ is an advanced formula that breaks down carbohydrates, fats, fiber and protein.\* The enzymes in Digest Gold support optimal digestion by helping the body absorb nutrients and convert food into energy.\* Digestive well-being improves concentration and increases vitality.\* Digest Gold is an excellent choice for individuals seeking a high-potency enzyme formula.

**Recommended Use:** 1 capsule with each meal. More may be taken as needed.

Thera-blend™ is an exclusive process that combines multiple strains of enzymes that work in various pH levels. Thera-blend enzymes have been shown to be three times stronger and work more than six times faster than leading digestive supplements.\* For more information, visit [www.enzymedica.com](http://www.enzymedica.com).

†According to SPINS, a market research and consulting firm for the Natural Products Industry

NO FILLERS ADDED

## THE SCIENCE:

Many people choose to supplement their diet with a high-potency enzyme formula to relieve occasional digestive discomfort.\* A powerful enzyme product may be helpful for individuals with digestive complaints.\* Enzymes are key players in the digestive process. They help to maximize nutrient extraction and turn consumed food into energy. Enzyme deficiencies can lead to a variety of digestive discomforts, including occasional gas, bloating, indigestion and irregularity.

These deficiencies may result from a combination of age, diet and lifestyle. For example, natural aging depletes the amount of enzymes available for use in the body. And when foods are cooked or processed, the enzymes contained

within the food are destroyed, requiring the body to use its own enzymes to break down foods. Keeping up with the process of digestion can strain the body. Supplementing with enzyme products like Digest Gold™ can aid in the digestive process.\*

Digest Gold is the most potent formula on the market.‡ The broad range of enzymes included in Digest Gold supports optimal digestion by helping the body absorb nutrients and convert food into energy.\* Digest Gold contains amylase, lipase, cellulase and protease Thera-blend™ enzymes, for breaking down carbohydrates, fats, fiber and protein, respectively. Thera-blend is an exclusive process that combines multiple strains of enzymes that work in various pH levels. Thera-blend enzymes have been shown to be three times stronger and work more than six times faster than leading digestive supplements.\* For more information, visit [www.enzymedica.com](http://www.enzymedica.com).

ATP (Adenosine triphosphate) is produced in every cell and is found in all raw foods. Without ATP, nutrients would not be able to pass through the cell membrane, so it allows cells to benefit from the nutrition in food. A combination of natural aging, lack of exercise and eating cooked and processed foods can significantly increase the demand to produce large amounts of ATP, making it difficult for the body to keep up. Even those living a healthy lifestyle may be challenged with a constant state of energy deficiency. A digestive supplement that provides ATP and enhances ATP production may help offset such a deficiency.\*

The ATPPro™ Blend in Digest Gold is a combination of ATP, Magnesium Citrate, Alpha Lipoic Acid and CoQ10. Research has shown that ATP is present in the digestive tract by oral intake (unprocessed foods carry ATP) and it is used as a signaling molecule for many important processes. This signal is vital for timely, proper and complete digestion of food.\*1 Digest Gold contains 300,000,000 LCUs of ATP per capsule. Combining a full spectrum of digestive enzymes with ATPPro, Digest Gold offers unsurpassed digestive support and is the #1 selling digestive enzyme formula on the market.\*†

**Recommended Use:** One capsule with each meal. More may be taken as needed. For a more gentle enzyme product, Enzymedica's Digest™ or Digest Basic™ may be helpful.

Enzymedica does not use ingredients produced using biotechnology.

### References

1 Schwiebert, E.M. & Zsembery, A. Extracellular ATP as a signaling molecule for epithelial cells. *Biochim Biophys Acta*. 2003 Sep 2; 1615(1-2): 7-32. Review.

‡ For complete details, see Enzymedica handout, "Better Faster Stronger" (item #H54.)

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