



healthy alternative

Natural Food Markets

"Helping People Feel Better"™

Annual
**SPRING
FLING SALE**

APRIL 1-15, 2017

ENTER TO WIN
A GIFT BASKET!

HealthyAlternativeMarkets.com

CANDIDA AND FUNGAL



Solaray's Yeast Cleanse

- An effective supplement that can help with symptoms of yeast infections.
- Contains Caprylic Acid and Pau D'Arco powerful anti-fungal agents.
- Contains grapefruit seed extract which was found to perform as well or better than 30 antibiotics and 18 fungicides.



Kyolic Once Per Day Garlic Tablet

- Aged to perfection in a unique extraction process to eliminate odor and create beneficial compounds found only in Kyolic.
- Helps maintain healthy circulation, normal cholesterol, homocysteine levels and overall cardiovascular health in one convenient caplet.



Renew Life Ultra Flora

- 50 billion live cultures per capsule.
- Promotes vaginal and urinary health.
- Potent Lactobacillus formula for women.

ANXIETY



Herb Pharm Anxiety Soother

- Carefully blended to help address instances of doubt, insecurity and angst.
- Kava root is it's primary ingredient - one of the most widely recognized herbal anti-anxiety medicines available.



Gaia Holy Basil Capsules

- Supports a healthy response to stress, while nourishing the mind and elevating the spirit.
- Promotes a healthy inflammatory response with Eugenols: 17 mg.



Enzymatic Therapy L-Theanine

- Theanine promotes relaxation and provides stress support.
- The powerful amino acid fosters a restful, relaxed state without diminishing daytime alertness, so you can stay focused and productive.

BONE SUPPORT



Garden Of Life Grow Bone System

- Made up of two comprehensive, bone-building formulas, Vitamin Code RAW Calcium™ and Growth Factor S which have shown to stimulate bone growth.
- No Artificial Flavors, Sweeteners, Colors or Additives



Trace Minerals Cal/Mag/Zinc

- A perfectly balanced daily liquid supplement of calcium, magnesium, zinc and vitamin D formulated to support bone, muscle and connective tissue health.
- Supercharged with ConcenTrace to help ensure the highest assimilation and absorption of these minerals.



Natural Factors Biosil

- Specifically formulated to help nourish your body's three beauty proteins, Collagen, Keratin, and Elastin and restore them to more youthful levels.
- Promotes healthy bones and joints
- Thickens and strengthens hair and nails.
- Reduces fine lines and wrinkles.

DIET AND WEIGHT LOSS



Cadia Black Chia Seeds

- Equipped with magnesium, fiber and essential fatty acids.
- Add to water, chia seeds plump up, helping to keep you feeling full for hours.
- Add to yogurt, salads, soups or smoothies.



Green Foods Matcha Powder

- Contains catechin EGCG and chlorophyll help to alkalize and detoxify the blood.
- It's potent antioxidants help to strengthen the immune system by protecting against free radicals.



Kyolic Garcinia Cambogia

- Significantly reduces appetite.
- Inhibits fat production & burns fat.
- Promotes healthy serotonin & cholesterol levels

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease.

Visit any of our three locations and consult with our knowledgeable staff.

High Quality Supplements | Organic, Vegan, Vegetarian & Gluten-Free Groceries | Natural Health & Beauty Products | Natural Pet Food

WINE & BEER - Import, Domestic, Organic & Gluten-Free

Beavercreek offers a nice selection & N. Main store visit Ray's Wine Spirits Grill next door for the largest selection in Dayton!

BEAVERCREEK N. DAYTON/CLAYTON FLORENCE, KY

2235 N. Fairfield Rd

937-426-7772

1 mi. South of the Mall
at N. Fairfield & Kemp

8258 N. Main St.

937-890-8000

1mi. South of I-70
on St.Rt. 48

7570 Burlington Pike

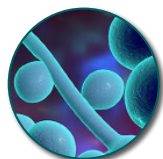
859-282-5888

I-75 exit KY-18 Florence/
Burlington, half mile East

Hours: Mon-Fri 10-8 • Sat 10-6 • Sun 12-5 • www.HealthyAlternativeMarkets.com

TOPIC OF THE WEEK SERIES

Introducing our new "Topic of the Week" series. Each month we will be bringing you popular discussions and how we can help you improve your health. Learn more detailed information and have your questions answered. Check out this month's calendar and be sure to stop by any of our three locations. Our knowledgeable staff will be having continuous discussions on each topic throughout the week during normal store hours listed above.



Candida and Fungal

APRIL 3-9

Candida Albicans is the most common type of yeast infection found in the mouth, intestinal tract and vagina. When your body's natural pH balance is upset, the candida can grow out of control, creating a systemic problem. Stop in and discuss what symptoms you are having with our staff and the best options to help.



Bone Support

APRIL 17-23

As we age bone loss is common and most physicians recommend taking a supplement to slow this process and help stimulate bone growth and strength. We offer many solutions and will answer all your questions on this topic.



Anxiety

APRIL 10-16

Learn more about which supplements can help to lower your anxiety levels. Healthy Alternative has some amazing options you have to hear about! Stop by during regular store hours to learn more and have all your questions answered.



Diet & Weight Loss

APRIL 24-30

Healthy Alternative can help you keep up with your dieting and weight loss goals. We offer many supplements that aid in weight loss as well as healthy grocery options to keep your diet on track. Learn more about diet and weight loss options.

**ENTER
TO WIN
A GIFT
BASKET!**

Stop in to any of our three stores during the Spring Fling Sale, April 1-15 and enter to win a basket filled with great products you'll love.

Drawing will be held on April 16th.

UPCOMING SEMINAR

How to Manage Diabetes Naturally

Join us as all three of our locations host a seminar on managing diabetes naturally.

Tuesday, April 11th at 6:30p.m. | Beavercreek
Speaker: Tony Hause, Owner

Tuesday, April 25th at 6:30p.m. | N. Dayton/Clayton
**seminar next door at Ray's*
Speaker: Tony Hause, Owner

Wednesday, April 26th at 6:30p.m. | Florence, KY
Speaker: Matt Johnson, Manager

**Limited Seating RSVP on our website
or contact the store you wish to attend**



WANT MORE SALES & DISCOUNTS?

Join our email list to receive our best sales and coupon offers!

Sign up at any store or text

LOVEHA to 22828

Reply with your email address!

Message and data rates may apply.

Ways to save every month:

- **Monthly email newsletters** offer coupons and sales
- **Join our Loyalty Program** – discounts given at the register on every purchase!
- **Price Match** – show a local store competitors price and we'll match it!
- **Senior discounts** 10% off!