



Skinny CBD Mojito Mocktail

Source: www.barleans.com

Lime, mint, CBD and bubbles - what could be better? This flavorful and refreshing mix of lime, mint and CBD is so delicious that you won't even miss the booze. And when you use Zevia ginger ale instead of sugar or simple syrup, you won't miss the calories either. With 25mg of CBD per serving, this is truly the perfect drink to help you relax into summer.

INGREDIENTS:

1 T lime juice
12 mint leaves
4-6 oz. Zevia ginger ale
1 dropperful Barlean's Extra Strength Ideal CBD Hemp Oil
Ice
1/2 lime, sliced

1. Muddle the mint in the bottom of a glass using a muddler or the back of a wooden spoon.
2. Fill the glass with ice and add in the lime juice, ginger ale and Ideal CBD hemp oil.
3. Mix gently and garnish with lime slices. Sip, relax and enjoy!